



UNIVERSAL HEALING TAO
Cosmic Healing Branch
Switzerland

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THE UNIVERSAL HEALING TAO (UHT) SYSTEM

UHT is an Energy University derived from Chinese Taoist Wisdom. The practices aim to consciously achieve the highest possible level of health in all our dimensions - **physical**, **mental**, **emotional** and **spiritual** - to nourish our soul and spirit, and live in flow and joy - **flowjoy@**.

The UHT System is structured in

3 stages of evolution

6 different branches of study: Energy Meditation, Sexual Alchemy, Advanced Alchemy, Internal Martial Arts, **Healing Arts**, the Immortal Tao

9 Internal Alchemy Formulas.

The branches represent ways of studying and practicing the Tao. Each branch consists of formulas of different levels and is learned through a set of specific modules, elements and techniques. It is possible to accomplish and master each branch and its complete program. This clear structure allows each individual to evolve step by step and easily integrate these simple and concrete techniques into their own lifestyle.

The Branch of Cosmic Healing

The Chi Kung of Cosmic Healing is a set of practices of the Universal Healing Tao that includes the Chi Kung of the 3 fires and 6 directions, the creation of a Chi field (meditation of the world link) and the process of programming water. In the healing part, we connect directly with the primordial force, purple light and lights of different colors to cure various diseases both in ourselves and in the other.

The branch of cosmic healing is also related to Astrology and Taoist astronomy. These practices teach you how to connect your body to the 5 elemental forces of nature, the moon and sun, planets, stars, galaxies and other celestial phenomena so that the inner and outer universe are even more connected.

Modules in the Branch of Cosmic Healing

- 1** Cosmic Healing 1
- 2** Cosmic Healing 2